

# JANE MASSENGILL, LCSW MASTER CERTIFIED COACH

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425 El Pintado Rd, Suite 135  
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## EDUCATION

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M.S.S.A., Case Western Reserve University, Cleveland, OH Master's degree, Social Science Administration Specializing in health care and mental health	1985
B.S., University of Dayton, Dayton, OH Bachelor's degree, Science with a major in social work	1982

## POST-GRADUATE EDUCATION

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Heroic Public Speaking, Lambertville, N.J. Completed 8 month "Undergrad & Grad" training program.	2019
The Gremlin-Taming Institute Professional Training Program. Dallas, TX Completed a one-year intensive training program. Ongoing training.	2003
Co-Active Space Leadership Program. Sebastopol, CA Completed a one-year leadership program.	2001
The Coaches Training Institute, San Rafael, CA Received the Professional Co-Active Coach credential. (PCC)	1999
The Biofeedback Institute, San Francisco, CA Completed training program.	1989

## LICENSURE AND CERTIFICATION

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Master Certified Coach, International Coach Federation	2004
Professional Certified Coach, International Coach Federation	2002
Certified Professional Co-Active Coach	1999
Licensed Clinical Social Worker, California	1990
Licensed Independent Clinical Social Worker, Massachusetts	1988
Licensed Social Worker, Ohio	1987

## **APPROVED PROVIDER OF CONTINUING EDUCATION**

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Board of Behavioral Science (BBS), CA, 2006 – 2016

International Coach Federation, 2004 – present

## **FACULTY APPOINTMENTS**

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Associate in Pediatrics

University of Massachusetts Medical School, Worcester, Massachusetts      1988 – 1989

## **PRACTICE EXPERIENCE**

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**1999 – Present: Licensed Clinical Social Worker, Master Certified Coach, private practice, Danville, California (LCS # 14868)**

Private practice as a psychotherapist and professional coach, integrating life coaching skills for adults with Attention Deficit Hyperactivity Disorder (ADHD) as well as entrepreneurs, musicians, parents and other creative types. Speaker on a variety of topics including stress management/life balance, conflict resolution, Gremlin-Taming®, parenting and ADHD.

**2002 – Present: Director, The Gremlin-Taming® Institute, Dallas, Texas**

Teach Taming Your Gremlin® teleclasses, webinars, workshops and presentations to professional coaches and psychotherapists, parents, children, teachers, and adults with ADHD.

**1989 – 2002: Licensed Clinical Social Worker and Independent Contractor, The Amen Clinic for Behavioral Medicine, Inc., Fairfield, California**

Provided psychotherapy, coaching and biofeedback for individuals, couples, families and groups. Performed initial evaluations and follow-up psychotherapy and/or coaching for adults with Attention Deficit Hyperactivity Disorder. Other specialty client issues included women in transition, spousal abuse, eating disorders, anxiety disorders and families with chronically ill children. Facilitated a support group for Hospice nurses in the local community hospital.

**1987 – 1989: Licensed Independent Clinical Social Worker, Department of Pediatrics, University of Massachusetts Medical Center, Worcester, Massachusetts**

Provided brief counseling and case management for families and children with chronic or terminal illnesses. Social work service coordinator for the following outpatient pediatric clinics: diabetes, arthritis, cardiology, neurology, HIV and well-baby. Developed and facilitated a support group for children with diabetes. Co-facilitated parent support groups for the neurology and cardiology clinics.

**1987 – 1989: Director of Graduate Social Work Education for the Department of Social Work, University of Massachusetts Medical Center, Worcester, Massachusetts**

Coordinated MSW student interns from local universities. Supervised MSW students from Boston University.

**1988 – 1989: LICSW, Human Resource Institute, Worcester, Massachusetts**

Provided individual counseling for adolescent girls from multi-problem families.

**1984 – 1986: Psychiatric Social Worker, Aultman Hospital, Canton, Ohio**

Graduate field placement and full-time employment. Provided brief counseling for individuals,

couples and families in the inpatient psychiatric unit, intensive care unit, emergency services department, dialysis unit and outpatient oncology clinic. Supervised first-year medical students from the Northeastern University College of Medicine during their psychiatry rotation. Taught Stress Management classes to employees.

**1986 – 1988: Medical Social Worker, Aultman Hospital, Canton, Ohio**

Provided case management, brief counseling and crisis intervention in the inpatient and outpatient obstetrics and gynecology department and inpatient Neonatal Intensive Care Unit.

**1986 – 1987: Licensed Social Worker, Psychological and Family Consultants, Canton, Ohio**

Psychotherapy with women for marital challenges, PMS, infertility and transitional issues.

**1982 – 1984: Medical Social Worker, Saint Thomas Hospital Medical Center, Akron, Ohio**

Case management and discharge planning for patients on the medical/surgical and obstetrics floors. Brief counseling and crisis intervention in the outpatient OB/GYN clinics.

**1981 – 1982: South Community Mental Health Center, Dayton, Ohio**

Undergraduate field placement. Worked with area businesses to promote pre-retirement planning. Organized a two-day workshop for 100 mental health professionals. Planned and presented a six-week elementary school program on values clarification. Screened new clients. Edited agency newsletter.

**1989 – 1992: Bureau of Drug Abuse, Dayton, Ohio**

Provided information and referral services to clients in a methadone maintenance program. Coordinated medical records department.

## **PUBLICATIONS**

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“A.D.D. Coaching,” chapter in *New York Times* bestselling book *Healing A.D.D.*, by Daniel Amen

Contributing author to “The Guiding Principles for Coaching Individuals with Attention Deficit Hyperactivity Disorder,” a paper presented at the National Conference of Attention Deficit Disorder Association, 2002.

“Open Mind, Open Heart: How to Support Your Teen in the College Search,” co-author with Jill Greenbaum, PhD, 2011.

“Your College Search: How to Tame Your Fears and Find the Colleges that are the Right Fit,” co-author with Jill Greenbaum, PhD, 2011.

## **RESEARCH ENDEAVORS**

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Prepared a research proposal and received grant money from the United Way of Stark County, Ohio. Conducted the research, supervising and assisting a medical student from the Northeastern Ohio University College of Medicine. Topic of study: “The Effects of Anxiety on Parental Visiting Patterns in a Newborn Intensive Care Unit.”

## AUDIO PROGRAMS

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“Open Mind, Open Heart: How to Support Your Teen in the College Search,” co-authored with Jill Greenbaum, PhD, 2011.

“Your College Search: How to Tame Your Fears and Find the Colleges that are the Right Fit,” co-authored with Jill Greenbaum, PhD, 2011.

## PRESENTATIONS

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“What You Say to Yourself Limits Your Potential Maybe Even More than Your Biology”. Take Control of ADHD, podcast guest speaker, 2019.

“The Payoff of Catching Your Parental Beliefs”. Impact ADHD, podcast guest speaker, 2018.

“Tame Your Mind Chatter on Your Way to College”. University of Nevada, 2018.

“Finding Quiet in a Noisy Place”. International CHADD Conference, Atlanta, GA, 2017.

“Working with Difficult Employers, Employees, Neighbors”. Presentation, East Bay Claims Insurance Adjusters, Pleasant Hill, CA. 2017

“Creating Peace from Chaos”. Presentation, Kaiser Permanente MD staff, Fremont, CA. 2016.

“It’s All About Connection”. Presentation, Kaiser Permanente MD staff, Union City, CA. 2016.

“Renew, Restore, Rejuvenate”. Keynote, Soroptomist International, Santa Rosa, CA. 2015.

“What is Coaching”. Staff presentation, Amen Clinic, Brisbane, CA. 2012.

“Taming Your Gremlin®”. Four-week introductory teleclass series. 2013- 2016.

“Taming Your Gremlin for Kids: A Roadmap for Raising a Confident Child”. Four-week teleclass series, 2003 – 2016.

“Gremlin-Taming® for Adults with A.D.H.D.”. One-hour teleclass for attendees worldwide, monthly, 2004-present.

“Managing the Inner Struggle when Dealing with Challenging Children”. Presentation, parent support group, local CHADD chapter, Walnut Creek, CA. 2014

“Authentic Communication”, presentation, Vemma Nutrition Company, Pleasanton, CA. 2014.

“Facing Fear”, presentation, Vemma Nutrition Company, San Jose, CA. 2014.

“Tame Your Own Gremlin First: Mastering Your Craft as a Coach “. Breakout session, International CHADD Conference, San Francisco, CA. 2012

“Get Out of Your Own Way”. Keynote presentation for Annual Expo Meeting, Lia Sophia Corp., San Francisco, CA, 2011.

“Tame Your Own Gremlin First”. Presentation to the East Bay Chapter of the International Coach Federation, Orinda, CA, 2011.

“Taming Your Gremlin for Leaders”. University of California at Berkeley Haas School of Business Leadership and Organizational Dynamics class, Berkeley, CA, 2011.

“A Master Class in Gremlin-Taming: Integrating the Principles of Gremlin-Taming into Your Personal & Professional Practice”. Eight session telecourse series for professional coaches and therapists, 2011 to present.

“It’s All About Choice”. Half-day workshop for paraprofessional team at The Athenian School, Danville, CA, 2010.

"Gremlin-Taming in the World of Sales." One-hour teleclass to Microsoft Small and MidMarket Solutions & Partners, 2009.

"You are Not Your Experiences". Keynote presentation to the American Association of University Women, San Ramon, CA. 2008.

"Introduction to Gremlin-Taming". Half-day workshop for Microsoft Corporation's Development Week, Redmond, WA. Co-facilitated with Rick Carson. 2008.

"Coaching vs. Therapy". California Association of Marriage & Family Therapists, Orinda, CA. 2008.

"Our Deepest Fear is Being Ourselves". Keynote presentation, American Association of University Women, San Ramon, CA. 2008.

"Study Group for The Art of Graceful Change". One-hour teleclass. 2006, 2007, 2008.

"Taming Your Gremlin: The Workshop". Three-day workshop, co-facilitated with author of Taming Your Gremlin, Rick Carson. Napa, California, 2002, 2003, 2004, 2005, 2006. Minneapolis, Minnesota, 2003.

"Taming Your Gremlin for Kids: A Roadmap for Raising a Confident Child". Half-day workshop for the Mount Diablo Unified School District, Concord, CA. 2005. Also presented it for the San Ramon Valley Unified School District at the Parenting 2005 Annual Conference.

"Introduction to the Gremlin-Taming Method", The Coaches Training Institute Open Topic presentation, 2005.

"Leader Forum", Guest Speaker on Gremlin-Taming, The Coaches Training Institute, 2003.

"Taming Your Gremlin". Green Valley Elementary School, Danville, CA. Multiple presentations for first through fifth graders, 2000 - 2004.

"Taming Your Gremlin for Teenage Girls". Athenian School Math/ Sciences Program, Danville, CA. 2001.

"Raising Self-Esteem in Kids". Mom's Morning Out, Danville, CA. 1999.

"What is A.D.D. Coaching?" Healing A.D.D. Seminar, Concord, CA. 1998.

"Slow Down! 10 Ways to Depressurize Yourself". St. Timothy's Episcopal Church, Danville, CA. 1996.

"Avoiding Burnout: Stress Management for Parents". Parent's Morning Program, Acalanes Adult Education Center, Lafayette, CA. 1996.

"Managing Your Stress". Realtor's Convention, Bodega Bay, CA. 1993.

"Stress Management & Biofeedback". Wang Laboratory Employees, Vacaville, CA. 1991.

"Keeping Balance in Your Life". Mom's Retreat, San Damiano Retreat Center, Danville, CA. 1990.

"To Nag or Not to Nag". Joslin Diabetes Camp and U. Mass Medical Center, Worcester, MA. 1989.

"History of Social Work". U. Mass Medical Center medical students, 1988.

"Cognitive Techniques of Stress Management". Aultman Hospital, Canton, OH. 1986

"Eating Disorders". Aultman Hospital psychiatric department, Canton, OH. 1986.

"Values Clarification Techniques". Educator's Institute on Prevention, Dayton, OH. 1981.

## **PROFESSIONAL MEMBERSHIPS**

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A.D.H.D. Coaches Organization

Attention Deficit Disorder Association

C.H.A.D.D. (Children and Adults with Attention-Deficit/Hyperactivity Disorder)

International Coach Federation

National Association of Social Workers